

**2011 CYA Courses**  
**Royal Nova Scotia Yacht Squadron**

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| <b>CYA Coastal Navigation</b> | Tuesdays<br>7:00 – 9:00 | January 11 – March 22 | \$285 + HST Members<br>\$325 + HST Non-Members |
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**Prerequisites:** None

The Coastal Navigation program covers the theory necessary to navigate on offshore passages. We have added an electronic component to the course, but the emphasis will be to have students navigate with basic chart, dividers, Portland Plotters/parallel rules and pencils.

The complete learning objectives and curriculum outline for this program can be found on the Canadian Yachting Association website at:

[http://sailing.ca/education\\_and\\_training/navigation\\_courses/](http://sailing.ca/education_and_training/navigation_courses/)

Limit of 15 students

**To Register: Contact Mike or  
Linda Whitehouse at 434-6808  
or mwhitehouse@rnsys.com**

**CYA Intermediate Cruising**

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|---------------|--------------------------------|-----------------------|--|
| <b>Theory</b> | Thursdays<br>7:00 pm - 9:00 pm | January 13 – March 24 | \$285 + HST Members<br>\$325 + HST Non-Members |
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| <b>Practical</b> | See note below** |  | \$395 + HST Members<br>\$425 + HST Non-Members |
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**Prerequisites:** Have completed the CYA Basic Cruising Standard or be willing to challenge the Basic exam.

\*\*Dates for the Practical will be decided based upon the availability of both students and instructor. Student to Instructor ratio will be 4:1. This course is usually done with students spending two weekends on the boat, with students sleeping overnight onboard the vessel for the second weekend.

The objective of this program is for a person to be able to cruise safely in familiar waters as both skipper and crew of a sailing yacht of 8 to 12 meters in moderate wind and sea conditions by day. The standard emphasizes on-the-water skills at a level acceptable for bareboat chartering for extended cruises in coastal waters.

The complete learning objectives and curriculum outline for this program can be found on the Canadian Yachting Association website at:

[http://sailing.ca/education\\_and\\_training/levels/intermediate\\_cruising\\_standard/](http://sailing.ca/education_and_training/levels/intermediate_cruising_standard/)

All theory courses are conducted at the Saraguay House of the Royal Nova Scotia Yacht Squadron. To Register, contact Mike or Linda Whitehouse at 434-6808 or via e-mail at mwhitehouse@rnsys.com.

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|-------------------------|-------------------|------------------------------|---------------------------------|
| <b>VHF Radio Course</b> | Saturday & Sunday | Jan. 29 & 30 <sup>th</sup> . | \$70. + HST Members             |
|                         | 1:00 pm - 5:00 pm |                              | \$75. + HST Non-Members         |
|                         | Saturday & Sunday | June 4 & 5                   | \$40. + HST Exam Challenge Only |
|                         | 1:00 pm – 5:00 pm |                              |                                 |

**Prerequisites:** None

Does everyone on your boat know how to operate the VHF radio properly? Can they make a distress call if needed? New radios are equipped with a Digital Select Calling (DSC) feature. For the safety of all on board, it is important that everyone knows how to use this feature. This course will run for a total of 8 hours over two days, with the exam being written at the end of the second day. Required for persons operating a VHF in Canada.

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**New**

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| <b>Youth Boating Safety &amp; Pleasure Craft Operator’s Card (PCOC)</b> | Saturday & Sunday | Apr. 30 & May 1 | \$85. + HST Members     |
|   | 1:00 pm - 5:00 pm |                 | \$95. + HST Non-Members |

**Ages 11 to 15**

**Prerequisites:** None

It’s important that our children not only enjoy themselves on the water but also know how to be safe and handle emergencies. This 8-hour course is designed to teach students safe boating practices (i.e., what to do if you fall overboard, proper use of life jackets, how to call for help, etc.), basic rules of the road and the laws we must all obey on the water. At the conclusion of the course, students will write the Youth Pleasure Craft Operator’s Card exam and obtain their own PCOC card.

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**Pleasure Craft Operator Card Tune-Up and/or Exam Challenge**

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| Wednesday         | January 26 | \$60 + HST Members             |
| 6:30 pm – 9:30 pm |            | \$65 + HST Non-Members         |
| Tuesday           | April 12   | \$40 + HST Exam Challenge Only |
| 6:30 pm – 9:30 pm |            |                                |

As captain of your vessel, the safety of all on board is your primary responsibility. But what if something happens to you? Does your spouse/partner/sailing companion have the necessary skills and knowledge to take over?

The Pleasure Craft Operator’s Tune-Up course that we offer at the Royal Nova Scotia Yacht Squadron covers the basic “rules of the road” and boating safety issues that everyone should know before leaving the dock. The Pleasure Craft Operator’s Card is now required by law for anyone operating a pleasure craft with a motor.

All theory courses are conducted at the Saraguay House of the Royal Nova Scotia Yacht Squadron. To Register, contact Mike or Linda Whitehouse at 434-6808 or via e-mail at [mwhitehouse@rnsys.com](mailto:mwhitehouse@rnsys.com).

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### CYA Basic Learn to Cruise

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| <b>Theory</b> | Thursdays<br>7:00 pm – 9:00 PM | Apr. 14 – May 19 | \$185. + HST Members<br>\$225. + HST Non-Members |
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**Prerequisites for Theory:** None

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| <b>Practical</b> | Three teaching days on 10-meter sloop, for a total of 18 teaching hours. | \$295 + HST Members<br>\$325 + HST Non-Members |
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**Prerequisites for Practical:** Students must have already passed the basic theory.

Dates for on-the-water training to be determined by availability of both students and instructors on the weekends between May 21<sup>st</sup>. and June 26<sup>th</sup>. Note: Also based on 4 students on the vessel.

The CYA objective of this course is to be able to cruise safely in familiar waters as both skipper and crew of a sloop rigged keelboat of 6 – 10 metres in moderate wind and sea conditions by day.

A complete description of the course curriculum can be found at the CYA website:

[http://www.sailing.ca/education\\_and\\_training/learn\\_to\\_cruise/](http://www.sailing.ca/education_and_training/learn_to_cruise/)

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